

We will be returning to Ithaca College again this summer for a Long Course Meters event at their brand new facility. This is the only local LCM event offered, so we hope you will make it. There are a couple images of the pool in the [Gallery](#) from last year. The event page can be accessed through the Calendar or directly at [this link](#).

If Open Water swimming is up your alley, check out the [Fourth Annual Oneida Shores event](#).

{jcomments on}