

The BUMS have recently expanded in 2014 and practice at two facilities:

West Gym at Binghamton University schedule:

- Mon/Wed/Fri: 6:00 am - 7:15 am and 7:15 am - 8:30 am
- Sat: 6:30 am - 9:00 am (Two 75 minute practices during this time. One is sprint and the other is distance. The times alternate each week.)
- Contact - Steve Kristek: Phone: 607-341-2664 / smkristek@hotmail.com
- Pool campus directions: Turn into the main entrance and stay to the right. You will pass the Visitors booth on your right. Bear to the right at the traffic circle (West Dr.) and turn right into the parking lot of the West Gym.

Binghamton YMCA (61 Susquehanna St.) schedule:

- Mon/Tues/Thurs: 6:00 pm - 7:30 pm
- Sat: 9:30 am - 11:00 am
- Contact - John West: john.west@raymondcorp.com or David Werner: df.werner@gmail.com